

## Places of Worship, Information for School Visits

Name of Building LONDON BUDDHIST CENTRE

Religion or Belief Buddhist

The LBC is part of the Triratna Buddhist Community formerly known as the Friends of the Western Buddhist Order (FWBO)

Address 51 Roman Rd, Bethnal Green, London E2 OHU

Name(s) of contact (s) Srivati  
of Bodhi Tree, the LBC's not-for-profit educational project

Telephone No(s) for school visits: 020 8926 1908 (for centre directly: 0845 458 4716)

Email address s@bodhitree.org.uk (for centre: info@lbc.org.uk)

Web site www.bodhitree.org.uk (for centre: www.lbc.org.uk)

### Suitable for age groups / key stages (please tick box as appropriate)

Ages 5 to 7 / Key Stage 1 Yes Ages 11 to 13 / Key Stage 3 Yes

Ages 8 to 11 / Key Stage 2 Yes Ages 14 to 16 / Key Stage 4 Yes

Ages 17 to 18 / Key Stage 5 Yes

Any special requirement e.g. dress code applicable to students (e.g. coverings, removal of shoes)

Visitors will be asked to remove their shoes in the cloakroom

Times available for visits: By arrangement - contact Srivati as above

Typical Length of Visit : Most visits are for one and a half hours, with Years 1 and 2 usually lasting for an hour and longer available as required for older students

Are the toilets available for visitors to use? YES

Charge £50 per hour for a visit to the centre,  
£60 per hour for a visit to the school (minimum charge of £120)  
£75 per hour for INSET and adult sessions  
All prices are negotiable if budgets are limited

### What facilities are available for disabled visitors?

Wheelchair ramps, disabled toilets, inductive loop and infra red hearing systems, lift to basement room when required

### Description of typical visit including any learning activities

Whether at the centre or in school we can design content to suit you. Content can include:

- an introduction to the centre (including the symbolism of the Buddha statue etc) and what we do there,
- discussing the difference between a Buddhist and a Buddha as a way of exploring the nature of Enlightenment,
- Buddhist teachings such as kindness, conditionality, impermanence,
- telling a traditional story,
- an exploration of Buddhist ethics and lifestyle issues,
- different types of Sangha (spiritual community) and what does it mean to be ordained,
- Buddhist festivals,
- introduction to and experience of a short meditation suitable for all,
- an associated exercise or game that explores the quality of mindfulness and
- opportunities for questions and interviewing the host.

For older students we can go into more depth in for all of the above as well as addressing specific Buddhist teachings (eg mindfulness, the Four Noble Truths, the Three Marks of Conditioned Existence) and the spread of Buddhism. KS1 pupils are invited to bring drawing materials.

Brief statement (less than 100 words of the history of the building):

The London Buddhist Centre opened in 1978 and is the main London centre of the Triratna Buddhist Community (formerly known as the Friends of the Western Buddhist Order (FWBO). It is located in what was a Victorian fire station, completed in 1888, that was in use by the London Fire Service until 1969. The building was fire-damaged in the 1970s, before being renovated by volunteers for its current use. Further major improvements were completed in 2009. It is a Grade II listed building.

Please attach a maximum of 6 images of the building if possible. If not will you please give permission for our photographer to photograph the building?